



**GENERAL BUSINESS MEETING**  
**JANUARY 19, 2016**  
**SAFETY AND WELLNESS SURVEY PRESENTATION**

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# OUTLINE

Legislative History of Wellness

Overview of SAWS

SAWS 2014-15 Data Summary

Successes / Challenges

Hawaii School Wellness Symposium

Benefits of Wellness for Schools

Next Steps



# LEGISLATIVE HISTORY OF WELLNESS

Child Nutrition & WIC Reauthorization Act (2004)

BOE Health, Wellness, & Safety Policy 1110-6  
(2006)

DOE Wellness Guidelines (2007)

- *full implementation required by 2011*

Healthy Hunger-Free Kids Act (2010)



# SAFETY AND WELLNESS SURVEY

Annual online survey distributed to principals

Public (non-charter) schools

Monitor implementation of Wellness Guidelines

Evaluate school wellness programs



Organized into 6 key component areas:

Wellness Committee (CD)

Nutritional Guidelines (NS)

Nutrition & Health Education (NH)

Physical Education & Activity (PA)

Professional Development (PD)

Other Health and Safety

# SAWS SCHOOL YEAR 2014-15



Response rate: 94% (239/255 eligible schools)

Average wellness score: 82.3%

Range of school scores: 45.5 - 100%

Guideline score range: 40.2 - 100%

School Wellness Scores	N (%)
≥90	84 (35.1%)
80-89	65 (27.2%)
70-79	49 (20.5%)
<70	41 (17.2%)

N=239

# SUCCESSSES



SAWS participation increased to 94% (65% in 2013-14)

Overall wellness score increased to 82.3% (79% in 2013-14)

Health education (NH1: 94%) and PE (PA1: 97%) classes align with HCPS III Standards

Nutrition education is integrated in multiple content areas (NH5: 91.6%)

DOE School Food Services Branch helped schools to:

- provide meals that meet federal nutrient standards and feature fresh fruits and vegetables from local sources (NS1, NS5: 100%)
- promote starting the day with a healthy breakfast, and eating a nutritious lunch and healthy snacks (NH2, NH3: 100%)

# CHALLENGES



SAWS participation low in some areas

Wellness Guidelines not fully implemented in all schools (45.5 - 100%)

Foods/beverages provided outside of school meal programs are not meeting nutrition standards (NS2: 40%)

Half of school wellness committees are completing the School Health Index (CD2: 53%)

Not all schools are providing families with information to help them incorporate physical activity into students' lives (PA6: 65%)

Not all schools include actions to support wellness in their Academic Financial plans (CD4: 66%)

# BENEFITS OF WELLNESS FOR SCHOOLS



Grant  
Opportunities

Continued  
federal funding  
for school  
meals  
programs

Healthier  
Students =  
Better Learners



Family &  
Community  
Involvement

Improved  
Attendance

# HAWAII SCHOOL WELLNESS SYMPOSIUM NOVEMBER 5, 2015

## Goals

Showcase best practices for wellness in schools

Engage stakeholders in policy review process

Strengthen collaboration for implementation

Fulfill federal regulations (Healthy, Hunger-Free Kids Act; 2010)

Participants = 95

Representing DOE, DOH, UH, community and parent organizations



# NEXT STEPS



Provide “Excellence in Wellness Award” banners to 84 schools (SAWS  $\geq$ 90%)

Post SAWS school score report card online

Develop and distribute SAWS reports for the Complex Area Superintendents

Prepare for the SAWS 2015-16 administration

- Discuss areas where survey may be shortened
- Revise phrasing of questions
- Implement skip/return features
- Provide a copy of survey in advance

Work with partners to provide support for wellness in schools

Collaborate with DOE and BOE on the update of existing wellness policies

*Please provide us with your feedback. Mahalo!*