



# QUARTERLY REPORT

May 17, 2016

## INSIDE THIS REPORT

- News
- Library Data
- Programs
- Partnerships
- On the Horizon
- Learn More

The Hawaii State Public Library System (HSPLS) is dedicated to supporting each and every community we serve. Our energy is focused on: a literate Hawaii, 21st Century skills, information connections, cultural heritage, sustainability, community connections, learning opportunities, and spaces for people to gather. The following report is designed to provide highlights of HSPLS news, data, programs, partnerships, and what is on the horizon.

## NEWS



### 50 BRANCH VISITS COMPLETED

The State Librarian, Special Assistant to the State Librarian, and Director of the Public Libraries Branch have completed focused visits to all 50 branches of the Hawaii State Public Library System. Each visit included a review of the building, collection, technology, and staffing. The goal of these visits was to gain a deeper understanding of the successes and challenges of each branch. It is clear that our public library branches are creating and delivering amazing programs, they are resourceful, and the staff truly care about the people

they serve each and every day. During the visits several patrons made a point to stop the State Librarian and tell her how important the library is to them, and how they appreciate everything the staff do for them. HSPLS are the places people connect in the community.

Opportunities to improve our buildings, collections, technology and staffing have been identified.

## Buildings

HSPLS consists of 50 branches with nearly 50% that are over 50 years old. There are a variety of issues that range from minor to major that need to be addressed. In order to do this in the most effective way, HSPLS will create building profiles for each branch to prioritize projects. HSPLS is also looking at a new strategy of focusing energy and resources on revitalizing one branch at a time.

HSPLS will also work to improve signage in the branches. Each space has different signage and ways of providing information. HSPLS wants to help patrons to be smart in each branch space, so common signage is going to be created.

In order to more effectively plan for library buildings and programs to serve communities, HSPLS will update and design a new library building plan.

## BUILDING PROJECTS

There are several building projects that have been in process for the past several years.

- **NANAKULI** – Construction has begun on the new Nanakuli Library. It should be completed by fall 2017
- **WAIKOLOA** – Continuing work to identify a location and partners to build a new library
- **PUNA** – Continuing to work to identifying potential locations
- **MAKIKI** – Planning stage

## Collections

HSPLS provides a large variety of collections both physical and virtual for patrons. One of the great benefits of having a state wide library system, is that all of the resources are available to patrons no matter what branch they use most. A patron on Kauai who wants a book that is on Maui can order it and have it delivered to Kauai.



**In order to continue to provide access to resources and have greater efficiencies, HSPLS will work to:**

- 1) Create a plan and method to do collection development in a way that supports local, island, and system efficiencies.
- 2) Move to re-centralize the processing of materials. Each branch no matter how large or how many staff are expected to process materials, which takes time away from serving the public. HSPLS will create new processes to improve access and use of resources.

## Technology

HSPLS has 759 public computers, Wi-Fi access, a mobile app that can be used as a patron's virtual card, and access to more than 92 online resources.

**The following are upgrades that HSPLS is working on to improve access:**

- 1) Improve the patron management system for the use of public computers, so that patrons can more easily use resources.
- 2) Continue to upgrade computers and technology so that the public has access to the best tools.
- 3) Implement scanning stations to enable patrons to scan materials and email or save files to a thumb drive.
- 4) Manage our networks and access with better use of data.
- 5) Update online catalog to improve access to collections.
- 6) Improve website to help patrons find all of the electronic resources that are available via HSPLS.
- 7) Create a technology sandbox to test and implement new technology and digital services.

## Staffing

HSPLS has an amazing staff that is dedicated to the success of each person who walks through the physical or virtual door of the library.

There are a total of 555 FTE positions to serve 50 branches. Due to budget restrictions and ongoing turnover/retirement of staff, not all of the positions have been filled.

The size of staff in each of the branches varies. We have small branches that have between 1-4 staff and larger branches that have

18 or more. There currently is not a method for deciding how many staff are in each branch.

**A Staffing Study is currently being done that will be completed by June 30, 2016.** The study will include a review of appropriate data related to each branch and section of HSPLS to identify staffing challenges and opportunities. **The study will also recommend best practice model(s) to strategically determine staffing so that HSPLS can function efficiently and effectively now and into the future.**

There is also a need to develop a more robust training program for

new and current staff. HSPLS wants to make sure that all staff have the skills and tools they need to support patrons.

The State Librarian, Assistant to the State Librarian, and Director of the Public Libraries Branch are grateful for the generosity of staff during the visits in both time and sharing openly their successes and challenges. HSPLS will continue to build on our successes and improve our spaces, programs and services to better serve our communities.

## LEARNING ONLINE

In order to ensure that staff have the training and information they need to better serve their patrons, HSPLS has begun to deliver training to staff via interactive webinars using Adobe Connect. All webinars are recorded and available for viewing by all staff that cannot participate during live sessions, or for staff who want to review again. This past quarter, staff learned the basics of OverDrive to better help patrons use eBooks and also about this year's Summer Reading Program. Feedback from staff has been positive.



HSPLS staff were also offered access to completing online learning sessions through Skillport, which is an online learning tool that offers a variety of opportunities. Branch managers worked with staff to take courses and have conversations about the content. Staff have begun to build new skills and common vocabulary in each branch. A total of 437 online courses were completed by 348 staff members since July 2015.

## NATIONAL LIBRARY LEGISLATIVE DAY

The State Librarian attended National Library Legislative Day in Washington, DC in early May, and met with staffers from the offices of Senator Hirono, Senator Schatz, Congresswoman Gabbard, and Congressman Takai. She was able to discuss the impact of the Hawaii State Public Library System on the community and national initiatives that influence our libraries. She also had an opportunity to thank the entire delegation for signing a letter of support for the reauthorization of the Library Services and Technology Act. These federal dollars are crucial to the ability of HSPLS to provide equity of access to the internet and digital resources.

The American Library Association also presented the State Librarian of the 50th State with the official flag that was flown over the US Capitol building in honor of National Library Legislative Day 2016.



# LIBRARY DATA

## EBOOKS

Since 2005, the Hawaii State Public Library System has offered access to eBooks and audiobooks. Any patron with a valid library card can download eBooks and audio books to their favorite smart device. Today, there are almost 85,000 eBooks and audio books titles available to patrons. About 3,305 of the eBook titles are in Korean and supported by the Korean Library Foundation. The size of the collection continues to grow as HSPLS adds more titles.



## OVERDRIVE EBOOK STATISTICS 2016



**TOTAL NUMBER OF REGISTERED USERS SINCE 2005**



**TOTAL NUMBER OF NEW OVERDRIVE EBOOK REGISTRATIONS IN 2016**



**AVERAGE NUMBER OF UNIQUE USERS/MONTH IN 2016**



**TOTAL NUMBER OF CHECKOUTS IN 2016**



**TOTAL NUMBER OF HOLDS IN 2016**

# PROGRAMS

## WAIALUA LIONS – WAIALUA PUBLIC LIBRARY STORYTELLING CONTEST

In partnership with the Waiialua Lions, the Waiialua Public Library helps to judge a storytelling contest at the Waiialua Elementary School each year. Students recite their favorite stories, told from memory in front of classmates, parents and teachers. Gold, silver, and bronze medals are awarded to the winners. The program encourages growth in reading, creativity, memorization, and presentation skills. This year's contest was held on April 8th. A total of 36 students in grades Kindergarten through 6th grade presented to over 550 students, teachers and parents.



## KAHUKU COOL LAB

The Hawaii State Public Library System is piloting the makerspace concept in the Kahuku Public and School Library. The amazing team of Lea Domingo and Tamara Martinez spearheaded the concept, and worked with their local friends group to acquire additional funding to collect resources and create programming for the community.

**The focus of the program is STEAM** (*Science, Technology, Engineering, Art, and Math*). The goal is to provide the Ko'olauloa Community access to resources to be a maker or learner in one of the five areas. Patrons (with a valid library card) who pass orientations will be able to reserve access to the Kahuku Cool Lab and its equipment or check out Junior Engineer Kits to use at home or in school classrooms. Exciting maker programs will be held throughout the year and educational STEM camps will be offered during school breaks.

For those interested in craft arts, the library has a sewing machine and a electric die cut machine. The Library has completed two successful sewing classes, and will be offering two more sessions focused on using the die cutting machine.

This is an exciting program that builds on our role of collecting resources to share and programming that support the community.

We are grateful for the generous support of this program from: Friends of the Library Kahuku (FOLK) and grants through: The Hawaii Community Foundation Flex Grant, the Harold K.L. Castle Foundation STEM GRANT, and the Rotary Club of Honolulu & Weinberg Friends Grant.

### What is a makerspace?

“Makerspaces, sometimes also referred to as hackerspaces, hackspaces, and fablabs are creative, DIY spaces where people can create, invent, and learn. In libraries they often have 3D printers, software, electronics, craft and hardware supplies and tools, and more.”

<http://oedb.org/ilibrarian/a->



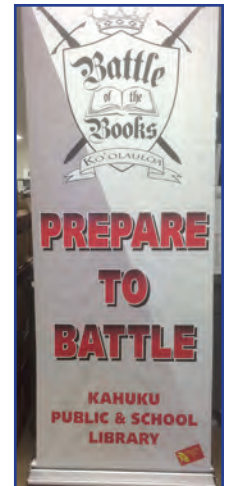
## BATTLE OF THE BOOKS

On March 11, 2016, there was an epic Battle of the Books in Ko'olauloa. Teams of students from Hau'ula Elementary School, La'ie Elementary School, Kahuku Elementary School, and Home school students came together to compete against each other's reading and memory skills. Over 100 students, families, teachers and volunteers joined together for this evening of skill and fun.

Tamara Martinez, an awesome librarian, from the Kahuku Public and School Library coordinated this program with tremendous support from partners in the community. The primary object of the program was to encourage reading through friendly competitions and encourage a love of reading through a great social experience. Tamara worked with the schools, parents and volunteers for 6 months to prepare students for the March 11th event. Students were required to read and memorize 10 books for the competition. The top three teams that were able to answer the most questions about the books won.

The State Librarian attended and had the honor of presenting awards to winners, and had several parents stop and tell her that the program was amazing. They had never seen their kids so excited about reading, and they looked forward to next year. They even told her about the strategies they were going to use to be more prepared to compete. Tamara is already starting to build next year's program, and we are considering how to expand to other locations in the future.

The Battle of the Books was such an incredible program, HSPLS will be requesting time on a future BOE Agenda to share more information about the program.



## PARTNERSHIPS

### KAPIOLANI MEDICAL CENTER FOR WOMEN AND CHILDREN



HSPLS has received a grant for \$32,237 from the National Network of Library Medicine Pacific Southwest Region to support a project with the Kapiolani Medical Center for Women and Children. We are honored to partner with Dr. Gina French, an avid library supporter, and the clinic on this project. Our goal is to support the health of immigrant Micronesian families by creating a simple library card program that starts at the clinic and informs families of library resources and services. The project will be in progress from May 2016 through April 30, 2017. Ongoing evaluation will be done for future development of this service.

### OAHU WORKFORCE DEVELOPMENT BOARD

HSPLS is working with the Oahu Workforce Development board to identify areas where we can work together to support workforce development opportunities for the public. To begin, they have formed two advisory groups to support our efforts to build a small business center in the new Nanakuli Public Library and potential creation of an innovation makerspace in Manoa. Together we hope to help the community easily find the resources they need to be successful in their career and development.

### OFFICE OF THE GOVERNOR – HOMELESS TASKFORCE

We are grateful to Scott Morishige and staff members Julie Ford and Tamah-Lani Noh for taking time to meet with HSPLS to discuss ideas and connect us with community partners to better support the community. **HSPLS is building plans to do the following:** **1)** Work with Partners in Care to deliver training to staff related to strategies and resources for working with patrons more effectively, **2)** Create a position (initially for one year) that will focus on outreach and building relationships, programs, and services related to homelessness, **3)** Exploring new ideas like bringing in social workers and/or nurses to visit informally with patrons to provide support, and **4)** Continue to identify and create resources that are helpful for patrons.

## MAUI FRIENDS

The Maui Friends of the Library (MFOL) is a passionate group of volunteers that manage three bookstores on Maui to raise funds to support Maui County libraries. This year they have purchased a new bookmobile for the island of Maui, which will be formally launched in late May/June 2016.



The MFOL is dedicated to working collaboratively with HSPLS on future support, and their board took time to meet with the Office of the State Librarian and branch managers to discuss next year's projects. The Board has decided to support implementing new book scanning stations and funding to upgrade children's spaces in each of the libraries located in Maui County. We are grateful for their dedication and support of our public libraries. Our communities are stronger because they support strong libraries.

# ON THE HORIZON

## NEW WEBSITE WITH INTEGRATED CALENDAR

HSPLS staff has been working with the Hawaii Information Consortium (HIC) on the design of the new Hawaii State Public Library System website. The entire site is being created with a user focus and navigation that will improve access to our resources. The new website will now include an integrated online calendar, which will be more cost effective and easier for the user. The new website will be launched in summer of 2016.

## 2016 SUMMER READING PROGRAM

The Hawaii State Public Library System is getting ready for an amazing 2016 Summer Reading Program. The theme this year is Health and Fitness: Mind, Body and Soul. Registration begins May 31st, and the program will run from June 5 – July 16, 2016.

### Program Highlights

- Reading Guides for: Birth-Pre-K, K-5, Teens and Adults
- Encourages everyone to read a minimum 20 minutes a day for brain fitness, and to track in reading guides.
- Special programs and contests
- Great local branch programs and events
- Everyone who completes the program will receive a free book!



### Summer Reading Kick-Off

**The Summer Reading Program will officially kick-off with an event “READ.MOVE.GET FIT! on Saturday, June 4, 2016 at the Hawaii State Library.** HSPLS encourages everyone who will be on Oahu on that day to stop by, sign up, and enjoy the activities.

This year's event includes very special reading guests! Don't miss an opportunity to be a part of Olympic gold medalist Kristi Yamaguchi's Reading Adventure! Joining Ms. Yamaguchi will be First Lady Ige, Auli'i Cravalho, Clyde Aikau, and more! There will also be a variety of body and mind health and fitness activities and refreshments for the whole family to enjoy. Of course, there will be opportunities to learn more about the Summer Reading Programs happening at all 50 public libraries statewide. We thank Kristi Yamaguchi's Always Dream Foundation, the Friends of the Library of Hawaii and the many sponsors for making this program possible.

# LEARN MORE

An article was written in the *Star Advertiser* about the Hawaii State Public Library System's Library for the Blind and Physically Handicapped. It is a great overview of the program and volunteers.

## The Library for the Blind and Physically Handicapped seeks volunteers

By Mindy Pennybacker

March 20, 2016

On a breezy March morning in Kapahulu, Joy Nakata Muranaka and her guide dog Laika dropped by the Regional Library of the National Service for the Blind and Physically Handicapped to talk about the role its resources play in her life. Born and raised on Kauai, Muranaka has been a patron of the library, a branch of the Hawaii State Library System, since she lost her sight to diabetic retinitis at age 19 and moved to Honolulu for rehabilitation at Ho'opono Services for the Blind.

"My life is listening to books," said Muranaka, 66. "Whenever I'm cleaning house, washing dishes, I'm listening to stories — suspense, mysteries and romance." The library, she said, mails audiobooks — return postage paid — to her Ala Moana apartment, where she listens to them on an audio player that the library loans its patrons. Although the library has a full collection of books in Braille, "I prefer audio because my Braille isn't that great," Muranaka said. On a special radio supplied by the library, she also listens to Hawaii news being read aloud by library volunteers in its Radio Reading programs, which are broadcast over a sub channel of Hawaii Public Radio accessible only to registered library patrons. The radio also provides regular HPR programming and daily readings from national publications, such as the *Washington Post*.



Joy Nakata Muranaka listens to an audio program at the library with her guide dog, Laika

KRYSTLE MARCELLUS / KMARCELLUS@STARADVERTISER.COM

"It wouldn't be too strong to say it's an absolute lifesaver," said Jim Becker, 89. A journalist, author and former columnist for the *Honolulu Star-Bulletin*, he became legally blind

## VOLUNTEER

The Library for the Blind and Physically Handicapped

>> **Where:** 402 Kapahulu Ave. (behind the Waikiki Kapahulu Public Library)

>> **Hours:** Monday, Wednesday, Thursday and Friday, 8:30 a.m.-4:30 p.m.; Tuesdays, 10 a.m.-6 p.m. Closed weekends and holidays.

>> **Info:** 733-8444, [olbcirc@librarieshawaii.org](mailto:olbcirc@librarieshawaii.org)

>> **To help:** If you're interested in volunteering, the minimum time requirement is approximately two hours, one day a week, typically one hour of reading and one hour of editing recorded materials or up to two hours of live broadcasting. Visit or call the library to make an appointment for a reading test. Now in its 80th year, the library is seeking adult readers in its annual spring volunteer drive, in furtherance of its goal to provide patrons with audio materials that are relevant to local sensibilities and lives.



10 years ago due to macular degeneration. “When you’re someone who’s worked with words all his life and suddenly can’t read, it’s an appalling shock,” said Becker, a widower who lives alone. Grateful to have discovered “this wonderful service and these wonderful people,” he listens to an average of three to four books per week from the library. The library has 1,400 registered clients, 11 staff members, a volunteer outreach coordinator and 30 to 40 volunteers, not all of them active. Among these volunteers, there are “fewer than 20 constant readers who can pronounce just about anything,” said branch manager Sue Sugimura.

While the library provides access to the National Library System’s audiobook collection, Sugimura said, what’s missing is Hawaiiana, works by local authors and other topics of interest to local readers. “We need to produce these books ourselves with the help of read-aloud volunteers,” she said.

The Hawaii Library for the Blind and Physically Handicapped has produced 1,021 audiobooks; its overall collection consists of 94,478 audiobooks. Sugimura and her staff want to expand the local collection, which means increasing the number of volunteers. It’s not easy, she said. Not everyone can correctly pronounce Hawaiian, Asian and other names and terms from diverse ethnic groups. And few are fluent in pidgin.

“I was brought up speaking pidgin in Kalihi,” said volunteer Muriel Seo, 72, a retired teacher. “I almost feel it has to be a local reader because of the language, like in this book,” she said, holding up “Kau Kau,” by Arnold Hiura, which she was recording. One also has to be a stickler for precision and accuracy. The goal is to produce local audiobooks that meet National Library System standards, so “you have to read the text exactly, word for word,” with no ad-libbing, Sugimura said.



Kathi Ching, a volunteer, recorded a Don Quijote advertisement at the Library for the Blind and Physically Handicapped in Kapahulu on Monday.

KRYSTLE MARCELLUS / KMARCELLUS@STARADVERTISER.COM

Perhaps that’s why applicants with acting or broadcasting experience don’t necessarily do better than novices, said Sharon Fong, who works in transcription services. “Often, professionals aren’t the best readers,” she said.

IN READING for the radio, accuracy and clarity are even more crucial because patrons rely upon the material to shop and otherwise navigate through their daily lives, said Leilani Nihei, volunteer outreach coordinator. Muranaka said she listens to the weekly grocery ads mostly, as well as recipes and health articles. She types up recipes or ads that interest her, making lists of ingredients and products that she takes to stores, where customer service staff help her find things.

While Muranaka visited in the library’s reading room with Laika curled at her feet, a volunteer, Kathi Ching, was sitting in one of the library’s soundproof recording booths reading aloud the week’s new Walgreens, Longs, Don Quijote and other ads. This takes real skill, Nihei said. “To read the ads is super hard because the words are all over the place. You have to follow an exact format” to make sure that listeners get such crucial information as prices and weights, she said. Ching, 69, said she used to borrow audiobooks from the library for her parents when they were



Helen Lee records her 53rd audiobook for the blind in her 14 years as a volunteer at the Library for the Blind and Physically Handicapped.

KAT WADE / SPECIAL TO THE STAR ADVERTISER

ill. Seven years ago, after her three children were grown, the retired airline ticket agent began volunteering at the library.

A few weeks earlier, in February, Ching, Seo and three other volunteers had gathered for an interview in the library's bright, high-ceilinged, A-frame central space, where its recording studio is located. The women seemed happy to have a little social interaction. "We usually never see each other. We're always alone in our booths," said Seo, who started volunteering because of a friend with macular degeneration who depended on audiobooks. Each volunteer had her specialties and preferences.

Linda Andersen, 65, a retired teacher, was reading aloud a local book, "Filipinas," by Patricia Brown. Of Filipino descent herself, she had requested to record it after learning that two of her best friends were contributors. Like Seo, she also reads selected articles from the Honolulu Star-Advertiser and local magazines. Helen Noh Lee, 87, one of the library's longest-tenured volunteers, was reading her 53rd audio book: "Ancestral Reflections," by Douglas Dai Lunn Chong. The volunteers had fun discussing how they prepare for the reading sessions.

"It affects our reading, what we eat the night before," Ching said, explaining that on Sunday nights she loves to eat peanuts while watching TV. "But when I'm reading on Monday morning, my mouth gets very dry, even if it was salt-free peanuts and I drink lots of water." Before she comes into the library, Seo sings at home "to loosen up my cords, get warmed up," she said. "I put the Carpenters on and sing along with Karen."

ASPIRING read-aloud volunteers do have to take a voice audition that tests voice quality, reading skills and technical aptitude (one has to be able to use a microphone and computer). To take the test, as this reporter did, you go into a clean, windowed soundproof recording booth and enter your name into the computer. After reading recording instructions and tips — "be yourself" — you start reading aloud: history; natural science; word pronunciations; cultural reportage filled with Japanese, Samoan and Hawaiian words; and a short story narrated in pidgin. You can start, stop and tape over. If you relax it's actually quite fun. You can take as much time as you want up until the library closes. As it happens, Muranaka volunteers as an

evaluator of the recorded tests. “When I evaluate, I listen for clarity of the voice,” she said. “I don’t like voices that are kind of gravelly.” In addition to good pronunciation, readers should have “expression in their voice, enthusiasm,” Muranaka said, as opposed to a “dead tone.”

Sugimura, Nihei and Fong were quick to emphasize that a successful reader doesn’t have to be a complete polyglot. “We also evaluate what the volunteers can or cannot do,” said Nihei.

For example, “You can specialize in one dialect or in materials with lots of Japanese names,” Fong said. Nor do volunteers have to be local. “We’ve had some of our best volunteers from as far away as Australia and Fire Island, N.Y.,” Nihei said.

Once accepted, however, volunteers have to commit to coming in at least one hour a week; most work from 1-1/2 to 2-1/2 hours, Nihei said. This includes editing: Volunteers have to play back, listen to and proof what they’ve read, and make corrections. “It’s so much easier now with digital recording,” Nihei said. Volunteers also have to promise not to quit in the middle of a book.

If you loved reading aloud to your children or your parents — and miss it — or you’ve always wanted to be on the radio and are looking for flexible but meaningful hours as a volunteer, the Library for the Blind and Physically Handicapped could be the perfect gig for you.

# BECOME A SUMMER READING CHAMPION

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**2016**  
**SUMMER**  
**READING**  
**PROGRAM**



# HEALTH AND FITNESS: Mind, Body and Soul



[www.librarieshawaii.org](http://www.librarieshawaii.org)

**Birth to Pre-K**

**GUIDE & READING LOG**

**Name:**

**Age:**



**Sponsored by the Friends of the Library of Hawai'i and the 2016 Summer Reading Sponsors:**

Hawaii State Federal Credit Union  
Hawaiian Electric Companies  
Meadow Gold Dairies  
HMS Host  
Hansen Distribution Group  
Roberts Hawaii  
Aloha United Way

The Harry and Jeanette Weinberg Foundation  
Rotary Club of Windward Oahu  
Mitsunaga & Associates  
National Football League Charities  
Local Friends Chapters  
HouseMart Ace Hardware  
HouseMart Ben Franklin Crafts

McDonald's Restaurants of Hawaii  
First Insurance Company of Hawaii  
HONOLULU Family  
Starbucks Coffee Company  
University of Hawaii at Manoa  
Outreach College's Statewide  
Cultural Extension Program

National Endowment for the Arts  
Hawaii State Foundation on  
Culture and the Arts  
University of Hawaii

## Aloha Readers!

Welcome to the Hawaii State Public Library System's Summer Reading Program!

We're excited to serve up all kinds of FREE programs and activities to strengthen the mind, body and soul. Most of all, we can't wait to assist you and your keiki to build reading muscles together! So let's dive in now.

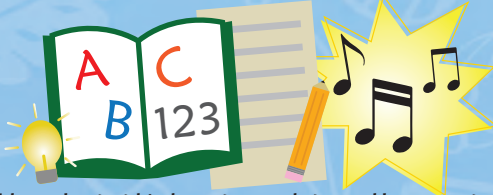
- Check out the helpful tips to get keiki ready to read.
- See our library staff's top picks to get you started.
- Read together at least 20 minutes a day and track time spent on the reading log. Follow the easy steps on the reading log and receive a free book!

Please visit [www.librarieshawaii.org](http://www.librarieshawaii.org) to find more of the fun happenings available.

See you in our public libraries this summer!

## Tips for Parents and Caregivers

**It's never too early to help your child get ready to read!**



Children who start kindergarten ready to read have greater success throughout their school years. These five activities encourage early literacy skills and are fun for children and parents or caregivers. Here's why they're important.

### 1) READING

Reading with children is the single most effective way to help them become good readers. Being read to helps them develop vocabulary, comprehension and basic knowledge they need to understand and enjoy books as they grow up.

#### Did You Know?

Our brain enables us to move, think, learn, feel emotions, remember, dream, create, breathe, see, hear, feel and taste.

### 2) WRITING

Drawing, scribbling and coloring are essential building blocks to writing. Holding and using crayons and pencils help children develop the fine motor skills and eye-hand coordination they need to write letters and words.

#### Did You Know?

Like all parts of your body, your brain can benefit from exercise, too!

### 3) SINGING

Singing helps children learn about language. Hearing and practicing the different sounds of words builds language, listening and memory skills that are essential to learning. It's also soothing and calming for children and adults!

### 4) PLAYING

Playing stimulates creativity, coordination, and the ability to concentrate and put thoughts into words. Playing with others, structured play and unstructured play are all important.

### 5) TALKING

Talking to children allows them to learn language and other literacy skills by listening. Very young children learn to talk by hearing caregivers and family members talk to them, and they understand words long before they can speak. Simply talking to or with your children throughout the day helps them build vocabulary and develop language and listening skills.

#### Did You Know?

Your brain processes around 70,000 thoughts each day!

"Did You Know" Info adapted from online reference: [http://www.fun-facts.org.uk/human\\_body/brain.htm](http://www.fun-facts.org.uk/human_body/brain.htm)

Every **CH**ILD  
Ready to **READ**  
at your library



These five practices are from the Every Child Ready to Read® @ your library®, a program of the Association for Library Service to Children and Public Library Association, divisions of the American Library Association. Every Child Ready to Read® @ your library® is a registered trademark and is used with permission.

## Top Staff Picks

Jump right into reading this summer with this starter list selected by our library staff. For more recommended readings, visit [www.librarieshawaii.org](http://www.librarieshawaii.org) or just ask the library staff at your local public library and they'll be happy to assist you.



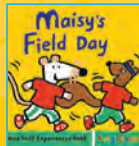
Barton, Byron. **My Bike.**

Tom is the proud owner of a bright green bicycle that he rides to work every day. Can you guess what Tom's job is?



Carle, Eric. **From Head to Toe.**

With whimsical illustrations, this book encourages the reader to exercise by following the movements of various animals.



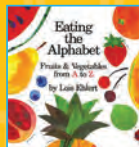
Cousins, Lucy. **Maisy's Field Day.**

When Maisy and friends have a special day for races and competitions, it's not about winning or losing, the fun is in playing the games.



Cronin, Doreen. **Wiggle.**

A playful pup shows toddlers some of the many ways they can wiggle their way through the day.



Ehlert, Lois. **Eating the Alphabet: Fruits and Vegetables from A to Z.**

An alphabetical tour of the world of fruits and vegetables, from apricot and artichoke to yam and zucchini.



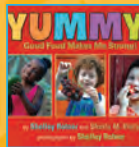
London, Jonathan. **Froggy Learns to Swim.**

Froggy is afraid of the water! But with a little encouragement, some practice, and the help of a silly song or two, Froggy becomes an expert frog-kicker.



Lozano, Christin. **Island Toes.**

A descriptive, rhyming tale about the types of feet and toes one can encounter growing up in an island setting.



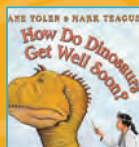
Rotner, Shelley. **Yummy! Good Food Makes Me Strong.**

Engaging color photos show young children and their families food shopping, gardening, and preparing and enjoying healthy foods.



Spinelli, Eileen. **Miss Fox's Class Shapes Up.**

When Miss Fox sees that her students do not have healthy habits, she teaches them fun ways to eat right, exercise, and sleep soundly.



Yolen, Jane. **How Do Dinosaurs Get Well Soon?**

Children will laugh at the antics of sick dinosaurs learning the importance of taking their medicine, visiting the doctor, and resting their bodies so they can get better quickly.

# My Reading Log

**Directions:** Challenge yourself to read at least 20 minutes a day!

- 1) Any and all reading counts, including books and magazines (electronic ones, too), graphic novels, and even listening to audiobooks. Write in the block the number of minutes you read each day.
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My favorite books read this summer:

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**My Reading Goal** is to read every day for  minutes

**start**

Reward for getting started

Keep on Reading!

Collect Sticker

Week 1 Total \_\_\_\_\_ minutes

Reward for continuing to read

Week 2 Total \_\_\_\_\_ minutes

Collect Sticker

Collect Sticker

Week 3 Total \_\_\_\_\_ minutes

Halfway there! Great job!

Week 4 Total \_\_\_\_\_ minutes

Collect Sticker

Week 5 Total \_\_\_\_\_ minutes

Almost to the finish line!

Week 6 Total \_\_\_\_\_ minutes

Collect Sticker

**finish**

**CONGRATULATIONS**  
Summer Reading Champion

You completed \_\_\_\_\_ minutes of reading!

2016 SUMMER READING PROGRAM

Got 4 stickers or more? You get a free book!

My favorite books read this summer:

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**My Reading Goal** is to read every day for  minutes

Week 1 Total \_\_\_\_\_ minutes

Week 2 Total \_\_\_\_\_ minutes

Week 3 Total \_\_\_\_\_ minutes

Week 4 Total \_\_\_\_\_ minutes

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2016

SUMMER

READING PROGRAM

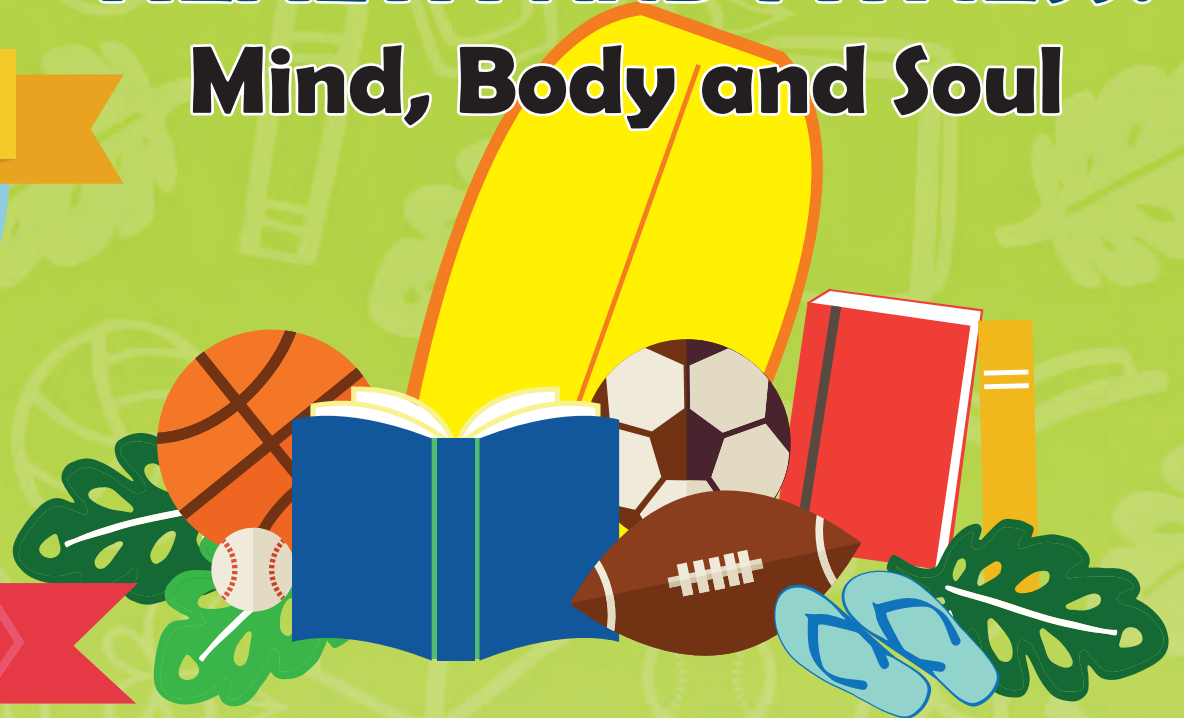


# HEALTH AND FITNESS: Mind, Body and Soul

[www.librarieshawaii.org](http://www.librarieshawaii.org)

Grades K – 5

GUIDE & READING LOG



Name:

Age:

Grade:



### Sponsored by the Friends of the Library of Hawai'i and the 2016 Summer Reading Sponsors:

Hawaii State Federal Credit Union  
Hawaiian Electric Companies  
Meadow Gold Dairies  
HMS Host  
Hansen Distribution Group  
Roberts Hawaii  
Aloha United Way

The Harry and Jeanette Weinberg Foundation  
Rotary Club of Windward Oahu  
Mitsunaga & Associates  
National Football League Charities  
Local Friends Chapters  
HouseMart Ace Hardware  
HouseMart Ben Franklin Crafts

McDonald's Restaurants of Hawaii  
First Insurance Company of Hawaii  
HONOLULU Family  
Starbucks Coffee Company  
University of Hawaii at Manoa  
Outreach College's Statewide  
Cultural Extension Program

National Endowment for the Arts  
Hawaii State Foundation on  
Culture and the Arts  
University of Hawaii



# Aloha Readers!

Welcome to the Hawaii State Public Library System's Summer Reading Program!

We're excited to serve up all kinds of FREE programs and activities to strengthen the mind, body and soul. Most of all, we can't wait to assist you and your family to strengthen reading muscles together! So let's dive in now.

- Check out our library staff's top picks to get you started.
- Read at least 20 minutes a day and track time spent on the reading log. Follow the easy steps on the reading log and receive a free book!
- Challenge yourself with the fun optional activities on the back of this guide and others that may be offered at your public library.

Please visit [www.librarieshawaii.org](http://www.librarieshawaii.org) to find more of the fun happenings available.

See you in our public libraries this summer!

## Did You Know?

Read at least **20 minutes a day** to stay sharp during the summer break. Exercising your reading muscles will allow you to discover new things and be ready to return to school for possibly even better grades.



## Top Staff Picks

Jump right into reading this summer with this starter list selected by our library staff. For more recommended readings, visit [www.librarieshawaii.org](http://www.librarieshawaii.org) or just ask the library staff at your local public library and they'll be happy to assist you.

### K

**Alexander, Kwame.**

**Surf's Up.**  
Surfer frog Dude can't believe his friend would rather read a book than hang 10. But before you can shout "Surf's up!" both frogs are sharing the same adventure.



**Willems, Mo.**

**Elephants Cannot Dance.**  
(Elephant and Piggie)  
Gerald the elephant is certain that he cannot learn to dance, but his friend Piggie convinces him to try.



### Grade 1

**Adler, Tedd.**

**Hooray for Fly Guy.**  
"Flies can't play football," says the coach. But Buzz and his pet Fly Guy are determined to prove him wrong. Will Fly Guy get to do his hilarious touchdown dance?



**Berenstain, Stan & Jan.**

**The Berenstain Bears Play T-Ball.**  
Brother and Sister Bear are teaching the younger cubs how to play T-ball, and they soon realize they have a lot to learn—like remembering to tell the little cubs to run to home plate and not run all the way home!



### Grade 2

**Rabe, Tish.**

**Oh, The Things You Can Do That Are Good for You!: All About Staying Healthy.**  
The Cat in the Hat explains the basics of healthy living, from eating right and getting enough exercise and sleep, to having a positive body image, to the distance and speed of a typical sneeze!



**Golembe, Carla.**

**The Story of Hula.**  
Young readers can learn about the history, implements, costumes, chants, and movements of hula. Includes a read-along CD.



### Grade 3

**Gutman, Dan.**

**Ms. Leaky is Freaky.**  
(My Weird School Daze)  
Ella Mentry School hires a health teacher who tries to force the students to eat healthy foods and exercise, whether they want to or not.



**Holm, Jennifer.**

**Babymouse Goes for the Gold.**  
Babymouse has joined the swim team and is ready to dive in. But competitive sports aren't really her strong suit. Will hard work and determination earn her a gold medal?



### Grade 4

**Jamieson, Victoria**

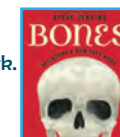
**Roller Girl.**  
A graphic novel adventure about a girl who discovers roller derby right as she and her best friend are growing apart.



**Nene Recommended**

**Jenkins, Steve.**

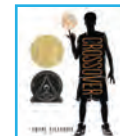
**Bones: Skeletons and How They Work.**  
See under the skin of the animal kingdom with Jenkins' gorgeous true-to-scale cut-paper collage illustrations of cross-species skeletons. Learn the functions of different parts of the skeleton.



### Grade 5

**Alexander, Kwame.**

**The Crossover.**  
Full of action, and sizzling language, twelve-year-old twin basketball players Josh and Jordan wrestle with highs and lows on and off the court as their father ignores his declining health.



**Newbery Award & Nene Recommended**

**Crowe, Ellie.**

**Surfer of the Century: The Life of Duke Kahanamoku.**  
The true story of Hawaiian Duke Kahanamoku, six-time Olympic swimming champion and legendary surfer who popularized surfing around the world.



# My Reading Log

**Directions:** Challenge yourself to read at least 20 minutes a day!

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My favorite books read this summer:

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**My Reading Goal**  
is to read every day for \_\_\_\_\_ minutes

**start**

Reward for getting started

Keep on Reading!

Collect Sticker

Reward for moving forward

Collect Sticker

**Week 1 Total**  
\_\_\_\_\_ minutes

Reward for continuing to read

**Week 2 Total**  
\_\_\_\_\_ minutes

Collect Sticker

Collect Sticker

**Week 4 Total**  
\_\_\_\_\_ minutes

Halfway there! Great job!

**Week 3 Total**  
\_\_\_\_\_ minutes

**CONGRATULATIONS**  
Summer Reading Champion

You completed \_\_\_\_\_ minutes of reading!

2016 SUMMER READING PROGRAM

Got 4 stickers or more? You get a free book!

**finish**

Collect Sticker

**Week 5 Total**  
\_\_\_\_\_ minutes

Almost to the finish line!

**Week 6 Total**  
\_\_\_\_\_ minutes

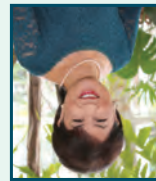


"Did You Know" Info adapted from online reference: [http://www.fun-facts.org.uk/human\\_body/brain.htm](http://www.fun-facts.org.uk/human_body/brain.htm)

Like all parts of your body, your brain can benefit from exercise too! Puzzles, problem solving and "deep reading" are great ways to exercise your brain to help it function and work more effectively!

### Did You Know?

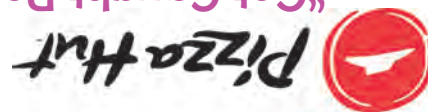
"I humbly encourage all 6th-8th grade students to also sign up for the Scholastic Summer Reading Challenge. Read for your school this summer to attain the 'Best in the State' recognition in the 2017 Scholastic Book of World Records. I know you can and will make Hawaii proud!"  
 - Hawaii's First Lady Dawn Amato-Ige  
 For more information and to sign up for the free online challenge, visit [www.scholastic.com/summer](http://www.scholastic.com/summer).  
 Read and log your minutes online from May 9 - September 9, 2016.



Make your Summer Reading Program minutes count twice by taking this challenge, too!

June 5 - July 16

## "Get Caught Reading" INSTAGRAM CONTEST



Take the Challenge

Get caught reading wherever you go this summer and share how you catch 20 minutes of reading time! ONE WEEKLY WINNER will receive a \$50 prepaid gift card!



- 1) SNAP A PHOTO at your favorite place to "GET CAUGHT READING"
- 2) POST THE PHOTO on Instagram, hashtag #teensRPhawaii, and ...
- 3) FOLLOW @hspishigov

Your Instagram account must be set to "public" at least through July 31, 2016. For more information and contest rules, visit [www.librarreshawaii.org](http://www.librarreshawaii.org).

# HEALTH AND FITNESS: Mind, Body and Soul

2016  
**SUMMER**  
**READING**  
**PROGRAM**



[www.librarieshawaii.org](http://www.librarieshawaii.org)

**TEENS • Grades 6-12**

GUIDE & READING LOG



Name:

Grade:



### Sponsored by the Friends of the Library of Hawai'i and the 2016 Summer Reading Sponsors:

Hawaii State Federal Credit Union  
 Hawaiian Electric Companies  
 Meadow Gold Dairies  
 HMS Host  
 Hansen Distribution Group  
 Roberts Hawaii

Aloha United Way  
 The Harry and Jeanette Weinberg Foundation  
 Rotary Club of Windward Oahu  
 Mitsunaga & Associates  
 National Football League Charities  
 Local Friends Chapters

Hawaii Pizza Hut  
 Frito-Lay of Hawaii  
 McDonald's Restaurants of Hawaii  
 Starbucks Coffee Company  
 Hawaii State Foundation on Culture and the Arts

University of Hawaii at Manoa  
 Outreach College's Statewide Cultural Extension Program  
 National Endowment for the Arts  
 University of Hawaii

# Hey Teen Readers!

## Welcome to the Hawaii State Public Library System's Summer Reading Program!

We're excited to serve up all kinds of FREE programs and activities to strengthen mind, body and soul. You'll have fun strengthening reading muscles with us! So let's dive in now.

- Check out our library staff's top picks to get you started.
- Read at least 20 minutes a day and track time spent on the reading log. Follow the easy steps on the reading log and receive a free book!
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See you in our public libraries this summer!

### Did You Know?

Read at least **20 minutes a day** to stay sharp during the summer break. Exercising your reading muscles will allow you to discover new things and be ready to return to school for possibly even better grades.

## Top Staff Picks

Jump right into reading this summer with this starter list selected by our library staff. For more recommended readings, visit [www.librarieshawaii.org](http://www.librarieshawaii.org) or just ask the library staff at your local public library and they'll be happy to assist you.

### Flack, Sophie. **Bunheads.**

Hannah, 19, revels in being a member of Manhattan Ballet Company's corps de ballet. After meeting musician Jacob, her universe begins to change.



### Gilbert, Kelly Loy. **Conviction.**

A small-town 16 year-old baseball player questions everything he holds to be true when his father is accused of murder.



### Murdock, Catherine Gilbert. **Dairy Queen.**

16-yr-old DJ, trained the quarterback for her school's rival football team. She decides to go out for the sport, not anticipating the reactions of others.



### Klass, David. **Losers Take All.**

At a sports-crazy New Jersey high school where all kids must play on a team, a group of rebels start a soccer team designed to undermine the jock-culture of the school.



### Scheibe, Lindsey. **Riptide.**

Grace wants to get a surf scholarship. Her friend Ford enters Grace into a surf competition - it's the only way she can impress the surfing scouts. She has one summer to train and prepare.



### Van Draanen, Wendelin. **The Running Dream.**

Jessica loses a leg in a car crash. She'll be able to walk with the help of a prosthetic leg and crutches. Jessica feels both in the spotlight and invisible.



### Talley, Trevor. **Big Book of Building: Everything Minecraft.**

From a brief overview of the game to advanced farming, mining, and building techniques, this guide touches on everything Minecraft enthusiasts could ever ask for.



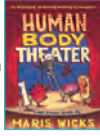
### Chandler, Murray. **How to Beat Your Dad at Chess.**

Teaches 50 Deadly Checkmates. Each mating motif is explained, and several illustrative examples are given. A test enables the reader to grade his pattern recognition abilities.



### Wicks, Maris. **Human Body Theater.**

Your master of ceremonies is going to lead you through a theatrical revue of the biological system of the human body. Starting out as a skeleton, the MC puts on a new layer of her costume (her body) with each 'act'.



### Hamilton, Bethany. **Soul Surfer: A True Story of Faith, Family, and Fighting to get back on the Board.**

Bethany's life as surfer, her recovery in the wake of a shark attack, the adjustments she made to her unique surfing style, her unprecedented bid for a top showing in the World Surfing Championships, and most fundamentally, her belief in God.



## Summer Reading Log

### Challenge yourself to read at least 20 minutes a day!

- 1) Read your favorites or check out something new. Any and all reading counts, including books and magazines (electronic ones, too), graphic novels, and even listening to audiobooks downloaded to your mobile device!
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	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	
SUN							SUMMER READING TOTAL
MON							
TUE							
WED							
THU							
FRI							
SAT							
WEEK TOTAL							



My favorite books read this summer:

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Collect Sticker

Collect Sticker

Collect Sticker

Collect Sticker

Collect Sticker

Collect Sticker

Reward for getting started

Reward for moving forward

Reward for continuing to read

Got 4 stickers or more? You get a free book!

## 5 Scientific Reasons Why Reading Can Actually Improve Your Life!

### 1) Reading makes you a better person.

Two studies found that reading makes a person more caring and empathetic towards other people.

### 2) Reading reduces stress.

One of the pioneers of neuroscience reported that reading reduces stress levels by 68 percent and significantly lowers heart rate in as little as six minutes of reading.

### 3) Reading makes you a better speaker.

A 2001 study confirmed that reading helps you acquire a better, enriched vocabulary.

### 4) Reading minimizes Alzheimer's.

A 2001 study found that adults who regularly read or play mentally challenging games are much less likely to develop the crippling disease.

### 5) Reading keeps your brain sharp.

A study in the medical journal *Neurology*, says that reading is important throughout a person's life, from childhood to old age. People who read continuously throughout their life exhibit significantly better memory and mental abilities at all stages in life.

Above adapted from online reference:

<http://www.zmescience.com/other/feature-post/scientific-reasons-to-read-books/>



My favorite books read this summer:

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### Mahalo to our 2016 Summer Reading Sponsors:

Friends of the Library of Hawai'i  
Hawaii State Federal Credit Union  
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Meadow Gold Dairies  
HMS Host  
Hansen Distribution Group  
Roberts Hawaii  
Aloha United Way  
The Harry and Jeanette Weinberg Foundation  
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Mitsunaga & Associates  
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Local Friends Chapters  
Island Papercraft  
Lamination House  
Starbucks Coffee Company  
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Statewide Cultural Extension Program  
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Hawaii State Foundation on Culture and the Arts  
University of Hawaii



[www.librarieshawaii.org](http://www.librarieshawaii.org)



ADULTS

GUIDE & READING LOG

Name: \_\_\_\_\_



Sponsored by the Friends of the Library of Hawai'i and the 2016 Summer Reading Sponsors

## Aloha Readers!

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- Check out our library staff's top picks to get you started.
- Read at least 20 minutes a day and track time spent on the reading log. Follow the easy steps on the reading log and receive a free book!
- Check out other fun challenges that may be offered at your public library.

Please visit [www.librarieshawaii.org](http://www.librarieshawaii.org) to find more of the fun happenings available. See you in our public libraries this summer!

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SUN							
MON							
TUE							
WED							
THU							
FRI							
SAT							
WEEK TOTAL							SUMMER READING TOTAL



## Top Staff Picks

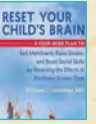
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**Davis, David. Waterman: The Life and Times of Duke Kahanamoku.** The life and legacy of Kahanamoku: swimmer, surfer, Olympic gold medalist, and Hawaiian icon.



**Dunckley, Victoria. Reset Your Child's Brain: A Four-Week Plan to End Meltdowns, Raise Grades, and Boost Social Skills by Reversing the Effects of Electronic Screen-Time.**

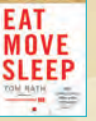
Discover how everyday use of interactive screen devices such as computers, videogames, smart phones, and tablets overstimulates a child's nervous system.



**Shah, Neil. The 10-Step Stress Solution: Live More, Relax More, Reenergize.** Practical solutions for easing the pressure and gaining control of your life.



**Rath, Tom. Eat Move Sleep: How Small Choices Lead to Big Changes.** The essential prescription for a longer and healthier life is, eating right, moving more, and sleeping better.



**Katz, Rebecca. The Healthy Mind Cookbook: Big Flavor Recipes to Enhance Brain Function, Mood, Memory and Mental Clarity.** Recipes optimize brain health, boost memory, improve mood, sharpen the central nervous system, and more.



**Kumai, Candice. Clean Green Drinks: 100+ Cleansing Recipes to Renew & Restore Your Body and Mind.** A guide to a leaner, happier, and more fulfilled you.



**Pacé, Deborah. Creating Mandalas: How to Draw and Design Zendala Art.** Slow down and open up your creative inner flow to create mandalas.



**The Daily Ukulele: To Go! 365 Songs for Better Living.** Popular and easy ukulele arrangements featuring melody, lyrics and chord grids.



**Glenn, Joshua & Larsen, Elizabeth Foy. Unbored Adventure: 70 Seriously Fun Activities for Kids & Their Families.** Creative, constructive low and high-tech activities that kids can do on their own or with families.



Enjoy eMagazines at <http://www.librarieshawaii.org/emagazines>



## Take the challenge for MORE SUMMER FUN!

Can you do all 12 activities by July 16, 2016? If you do, you'll earn another chance to win the Children's lucky prize drawing!

Bring in your completed activity sheet to your local library staff as soon as you're done and they'll be happy to enter you for an extra chance to win a prize.

Don't forget to record the time spent reading for these activities onto your Reading Log.

<p><b>Read about a sport you enjoy or would like to try.</b></p> <p><input type="checkbox"/> I did it!</p>	<p><b>Read a recipe and make it with the help of dad, mom, or a relative.</b></p> <p><input type="checkbox"/> I did it!</p>	<p><b>Read in your pajamas.</b></p> <p><input type="checkbox"/> I did it!</p>	<p><b>Find out what the hours are for your local public library.</b></p> <p><input type="checkbox"/> I did it!</p>
<p><b>Read a book from the Hawaiiana section.</b></p> <p><input type="checkbox"/> I did it!</p>	<p><b>Dance to a favorite song.</b></p> <p><input type="checkbox"/> I did it!</p>	<p><b>Find out where you can find information about free programs held at the library.</b></p> <p><input type="checkbox"/> I did it!</p>	<p><b>Draw yourself eating your favorite fruit and write what you like about it.</b></p> <p><input type="checkbox"/> I did it!</p>
<p><b>Read a Caldecott, Newbery, or Nene Award winning book.</b></p> <p><input type="checkbox"/> I did it!</p>	<p><b>Read to someone, such as a friend, brother, sister, cousin, or parent.</b></p> <p><input type="checkbox"/> I did it!</p>	<p><b>Help wash dishes and sweep the floor.</b></p> <p><input type="checkbox"/> I did it!</p>	<p><b>Look up a word that you don't know in a dictionary.</b></p> <p><input type="checkbox"/> I did it!</p>

## CHECK OUT THESE OTHER READING CHALLENGES!



### Make your Summer Reading Program minutes count twice by taking this challenge too!

*"I humbly encourage all K-8th grade students to also sign up for the Scholastic Summer Reading Challenge. Read for your school this summer to attain the 'Best in the State' recognition in the 2017 Scholastic Book of World Records. I know you can and will make Hawaii proud!"*



- Hawaii's First Lady Dawn Amano-Ige

For more information and to sign up for the free online challenge, visit [www.scholastic.com/summer](http://www.scholastic.com/summer). Read and log your minutes online from **May 9 – September 9, 2016**.

HONOLULU  
**family**

### Get Reading and Post it!

**HONOLULU Family magazine wants to see how your family reads!**

- 1) Take a photo of your child exercising his or her reading skills,  
- 2) Post it on Instagram with hashtag #HFSummerReads, or tag HONOLULU Family on Facebook, and
- 3) Get a chance to win a weekly prize!

Contest runs **May 31-July 16, 2016**. For more information on the contest, visit [honolulufamily.com](http://honolulufamily.com).