VI. Update/Discussion on the 2009 Hawaii Youth Risk Behavior Survey Data, as Related to Student Suicides

Presentation to

STATE OF HAWAII
BOARD OF EDUCATION

COMMITTEE ON CURRICULUM, INSTRUCTION & STUDENT SUPPORT

January 19, 2011

Current Data includes Hawaii School Health Surveys Data

- Summary of suicide risk factor data for high school students

  Higher prevalence in Hawaii (HI) (1995-2009) while national trend is decreasing

  - Generally higher in HI than nationally for both genders
  - Risk factors are more prevalent in grades 9 and 10 except for medical treatment and are higher than national data

- Refer to 2009 YRBS handout (Attachment A-yellow)

Current Data (continued)

- Highest percentage of youth who reported that they "seriously considered attempting suicide" - nearly 19%
- Highest percentage of youth who reported "making a suicide plan" - 16%
- Highest percentage of youth who reported "attempted suicide" - nearly 13%
- 4th highest percentage of youth who reported "suicide attempt treated by a doctor or nurse" - 4.5%

Current Programs

- Honolulu Police Department
  - safeTalk trained officers
- Department of Education
  - Peer Education Program (PEP) coordinators trained in *Signs of Suicide (SOS)* curriculum and outreach
    - Department of Health Memorandum of Agreement
    - Injury Prevention & Control Program partnership
- Other agencies
  - Department of Health (DOH) -
    - Applied Suicide Intervention Skills Training (ASIST)
    - Alcohol & Drug Abuse Division collaboration
- Prevent Suicide Hawaii Task Force (PSHTF)
  - DOE collaboration

Department of Education

- Hawaii Content and Performance Standards for Health Education
- State Wellness Guidelines
- *Signs of Suicide* Curriculum
  - PEP Coordinators trained
  - Provide services to 25 high schools and feeder middle/elementary schools
- Healthy Hawaii Initiative (HHI)
  - Health Education Resource Teachers trained in *Signs of Suicide* curriculum
  - HHI staff provides technical assistance to schools

SOS Data for PEP

- *SOS* Curriculum
  - 18 PEP Coordinators trained
    - 663 PEP high school students
    - Provide support to feeder middle and elementary schools
  - Seven coordinators will complete training on January 21, 2011
  - Second semester focus will be programs at feeder middle schools

PEP Results

- PEP coordinators had one-on-one talks with 111 students referred by the PEP students
  - Nine students were identified as high-risk and referred for follow-up services
- 6,815 non-PEP students were reached through a variety of school-wide and targeted events

SOS Data for HHI

- Seven HHI District Resource Teachers, two State Resource Teachers and one ES received *SOS* training beginning SY 2009

- Provide support to district health and physical education programs statewide
  - I.e., Kahuku HS and other portal requests

DOH- ASIST Data

- Seven PEP coordinators completed the ASIST sessions by DOH

Next Steps or Recommendations

- Build PEP capacity in all high schools
  - Expand SOS training
- Continue partnership with DOH in implementation of *SOS* curriculum
- Continue in-service to all HHI resource teachers for implementation of *SOS* statewide