




**STATE OF HAWAII  
DEPARTMENT OF EDUCATION**

P.O. BOX 2360  
HONOLULU, HAWAII 96804

OFFICE OF THE SUPERINTENDENT

February 7, 2019

TO: The Honorable Margaret Cox  
Chairperson, Student Achievement Committee

FROM: Dr. Christina M. Kishimoto  
Superintendent 

SUBJECT: **Presentation on School Level Safety and Wellness Programs and Status of the Department of Health and Department of Education's 2017 – 2018 School Year Safety and Wellness Survey**

1. DESCRIPTION

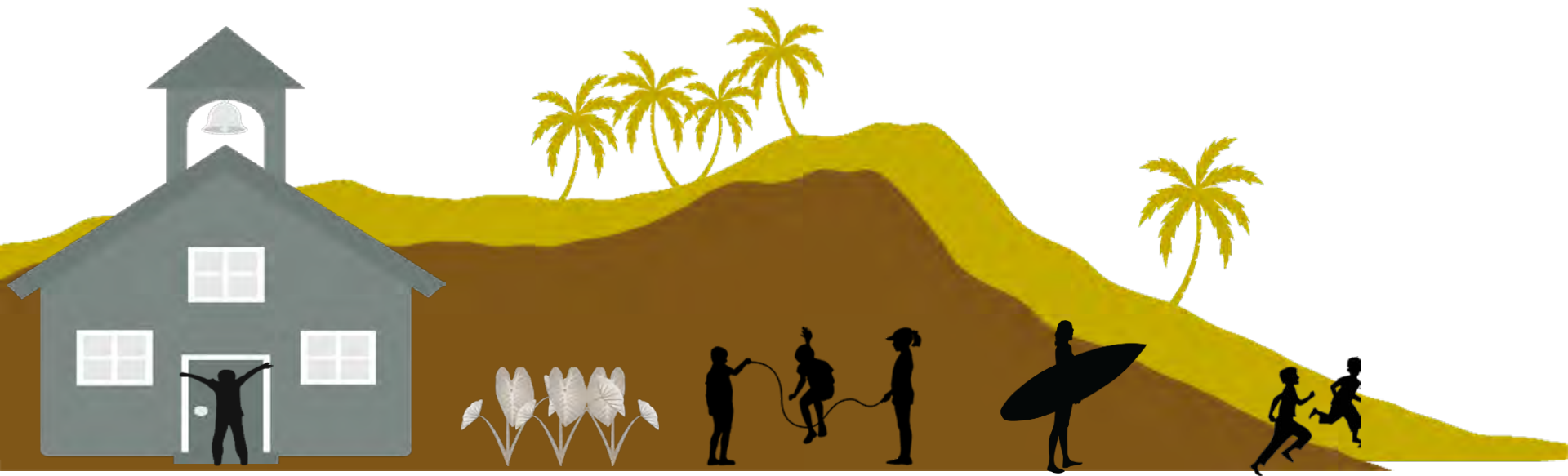
The Department of Health and the Hawaii State Department of Education administers the annual Safety and Wellness Survey (SAWS). The SAWS fulfills the monitoring requirement of the Board of Education Policy 103.1 and Public Law 108-265, Section 204.

2. PRESENTATION

The Office of School Facilities and Support Services will provide a presentation on the SAWS results for school year 2017 – 2018. The presentation will include the legislative history of wellness, the overview of SAWS, successes and challenges, the overall benefits of wellness and what the future of wellness will look like.

CMK:as  
Attachment

c: Office of School Facilities and Support Services  
School Food Services Branch



# **STUDENT ACHIEVEMENT COMMITTEE**

## **FEBRUARY 7, 2019**

Presentation on School Level Safety and Wellness Programs and Status of the Department of Health and Department of Education's 2017-2018 School Year Safety and Wellness Survey



# OUTLINE

- Legislative History of Wellness
- Overview of SAWS
- SAWS 2017-18 Data Summary
- Successes / Challenges
- Benefits of Wellness
- Next Steps



Samuel Enoka Kalama Intermediate School wall rock climbing for physical fitness.

# LEGISLATIVE HISTORY OF WELLNESS

Child Nutrition & WIC Reauthorization Act (2004)

BOE Health, Wellness, & Safety Policy 1110-6 (2006)

DOE Wellness Guidelines (2007)

Healthy Hunger-Free Kids Act (2010)

BOE Health & Wellness Policy 103-1 (2016)

DOE Wellness Guidelines (2017)



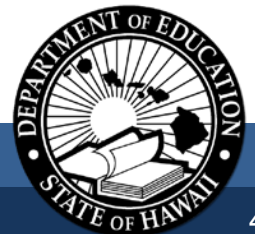
Whole School, Whole Community,  
Whole Child Model.

# SAFETY AND WELLNESS SURVEY

- Annual online survey distributed to principals
- Public (non-charter) schools
- Monitor implementation of Wellness Guidelines
- Evaluate school wellness programs



1. Wellness Committee (WC)
2. Nutritional Guidelines (NG)
3. Health Education & Nutrition Promotion (HE)
4. Physical Education (PE)
5. Physical Activity (PA)
6. Professional Development (PD)
7. Other Health and Safety



# SAWS SCHOOL YEAR 2017-18

Response rate: 99% (253/256 eligible schools)

Average wellness score: 81%

Range of school scores: 50 - 100%

Guideline score range: 36 - 100%



Ewa Makai Middle students starting their Day with a healthy school breakfast.

School Wellness Scores	N (%)
$\geq 90$	58 (23%)
80-89	90 (36%)
70-79	63 (25%)
$< 70$	42 (17%)

N=253

# SUCSESSES

DOE School Food Services Branch helped **100%** of schools to:

- Provide reimbursable meals and snacks that meet USDA nutrient standards and
- Provide meals and snacks that feature fresh and locally grown fruits and vegetables

**99%** of schools participate in the SAWS

**99%** of physical education classes align with Hawaii DOE Standards

**97%** of physical education classes have a student/teacher ratio similar to other classes

**95%** of schools provide students with at least 20 minutes a day of recess

**96%** of health education classes align with Hawaii DOE Standards

**91%** of schools encourage school staff to be role models for wellness



Aina Haina Fun Run



# CHALLENGES



Healthy School Choice: pumpkins, tangerines, apple, popcorn, cheese bread.

**64%** of schools sell or provide foods outside of the meals program that do **NOT** meet Smart Snacks standards

**54%** of schools do **NOT** notify school community members about the wellness policy and provide contact info for the wellness coordinator

**45%** of schools use food as a reward

**42%** of schools sell or provide beverages that do **NOT** meet nutritional guidelines



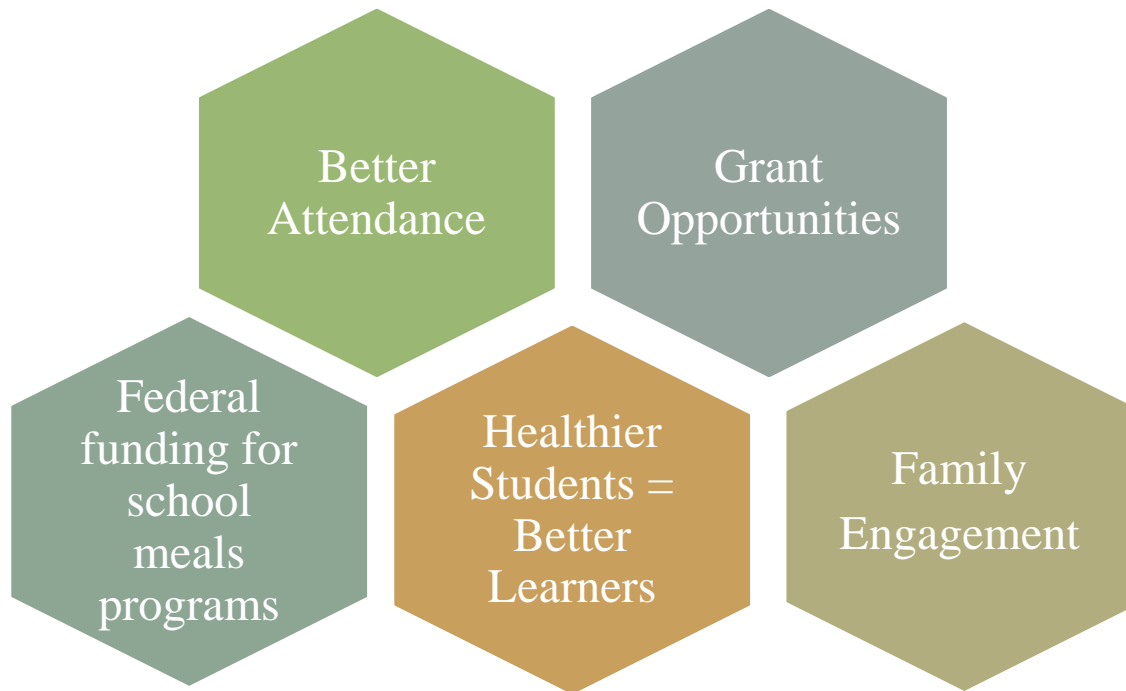
# OPPORTUNITIES



School lunch featuring a chef salad, beans, cornbread and a fresh apple.

- **Education:** Superintendent will send out a memorandum educating schools on Board of Education Policy 103-1 Health and Wellness and Local Wellness Policy.
- **Transition:** Provide guidance and technical assistance to schools to help them prepare for school year 2019-2020 when all schools will be in compliance.

# BENEFITS OF WELLNESS FOR SCHOOLS



# NEXT STEPS

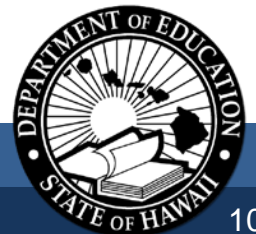
AWARD FOR EXCELLENCE IN  
**WELLNESS**  
2019



AINA HAINA  
ELEMENTARY SCHOOL

2019 Wellness Award Banner

- “Excellence in Wellness” banners will be awarded to 58 schools
- SAWS validity study being conducted with University of Hawaii
- State wellness committee meeting is planned for late spring
- ‘Aina Pono school food services approach
- DOH funding for 8 district health & PE resource teachers
- Strengthening partnerships to support wellness in schools
- Superintendent memorandum to schools upholding the wellness policy in February 2019



Questions?

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School Food Services Branch

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