

## POLICY 101-16

### HIGH SCHOOL ATHLETICS

The Board recognizes the benefits of playing a sport in high school. Hawaii high school sports shall be governed by the rules recommended and developed by the National Federation of State High School Association (“NFHS”); Hawaii High School Athletic Association (“HHSAA”); and athletic associations, federations, and leagues in Hawaii. The Department shall maintain a list of approved high school sports, to be provided to the Board as needed. Further, the Department shall notify the Board if any action is required to adopt guidelines or regulations for a sport without rules established by the NFHS, HHSAA, and/or recognized athletic entities.

**Rationale:** High school sports promote a healthy lifestyle, enhance motor skill development, improve social skills, and support academic achievement. Involvement in sports helps to foster skills that youth will utilize in high school and adulthood.

[Approved: 06/07/2016 (as Board Policy 101.16); amended 06/21/2016 (renumbered as Board Policy 101-16)]